

Boxing & Meditation

10:00 **-**12:30

SUNDAY 29th JUNE

@ Superette Pop-up store3, rue Jean Origer LuxembourgBook online: www.superette.world







9:45 Arrival + Mingle

10:15 Kickboxing session

11:00 Meditation + visualisation

11:30 Chat + Drinks



Kickboxing + meditation workshop with Anna @sister.a_hollistic



Homemade drinks + snacks to enjoy while connecting



Goodie bag filled with better-for-you snacks from @superette_world

Full mind-body-soul reset — leave powerful, focused and ready to crush your week!

